

Have a “victorious” morning using the steps in this VICTORIES acrostic!

V	Visualize	Where do you see yourself six months from now? One year from now? Five years? Really picture it in your mind’s eye! Keep it in focus for a few minutes 😊
I	Imagine	What do you desire that, until now, was only a dream? This step is a great one for entrepreneurs who tend to doubt themselves, but it’s also important when you start to doubt God’s calling on your life!
C	Clarity	Journal! Gain some clarity by jotting down all of your thoughts, feelings, and desires. Set a 5 or 10-minute timer and just “let it all out.” No one will see your journal but you, so don’t hold back, and don’t worry about mistakes!
T	Thankfulness	What are you grateful for today? This can be as deep or as simple as you want it to be. List at least three things for which you are thankful, in any order. Sometimes, after lots of rain, I’m just thankful for sunshine!
O	Objectives	Set some goals. It is great tool to use in any area of your life, be it health, financial, family, or what have you. Set short-term and long-term goals, but make sure they’re truly attainable, so you don’t set yourself up for failure.
R	Reading	Scripture and devotion time is essential for anyone trying to cultivate a relationship with Jesus. No matter what method you use to get the Word into your spirit, make it a daily priority. Follow up with prayer!
I	“I Am”	Your “I am” statements are your daily affirmations, and these are very important! Satan always tries to whisper lies in our ears, telling us we’re not good enough. Make sure your affirmations are filled with God’s truth!
E	Exercise	Physical activity is an equally important step when we want to be the best versions of ourselves that we can be. Our bodies were designed to move! So find an activity that you enjoy, not dread, so you look forward to the time you’re spending on this one 😊
S	Self-Development	Personal development is easy to do, because you can always listen to an encouraging book or podcast on-the-go now. What we’re hearing every day will “sink in” so make sure it’s positive, encouraging, and educational- always helping us to improve!

